

















# Weekly Menu

Week 10 Term 1

	<b>Monday</b> 4/4/22	<b>Tuesday</b> 5/4/22	<b>Wednesday</b> 6/4/22	<b>Thursday</b> 7/4/22	<b>Friday</b> 8/4/22
<b>Breakfast</b>	Cereals 	Bacon and Eggs 	Muffins 	Pikelets with Jam and Cream 	Milo 
	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
<b>Afternoon Tea</b>	Vegemite & Cheese Scrolls Puff pastry filled with cheese and Vegemite spread, baked in the oven. 	Pink Sauce Pasta Grilled chicken and vegetables with spaghetti in a housemade tomato and cream sauce. <i>Vegetarian option available</i> 	Lo Mein Stirfried vegetables and chicken served with noodles in a house made Asian-style sauce. <i>Vegetarian option available</i> 	Baked Burritos Lamb and Salsa burritos baked and topped with cheese. <i>Vegetarian option available</i> 	Peri Peri Chicken Sandwiches Homemade chicken and avocado on wholemeal bread. <i>Vegetarian option available</i> 
Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.					

 Fruit and/or vegetables    
  Wholegrains & cereals    
  Dairy    
  Protein